

PERSONAL & FINANCIAL

THE ORGANIZED LIFE

THE HOME RESET - FIVE-PATH SORT

THE PROBLEM

Clutter, paperwork, and household chaos are stealing time, peace, and focus.

1 FIND THE PRESSURE

Name the three spaces creating the most daily friction.

1 ZONE: _____

WHAT IT STEALS: _____

2 ZONE: _____

WHAT IT STEALS: _____

3 ZONE: _____

WHAT IT STEALS: _____

2 USE THE FIVE PATHS

Touch each item once. Give it one destination.

☐ KEEP

☐ DONATE

☐ SELL

☐ STORE

☐ TRASH

NO MAYBE PILE.

3 BUILD THE RESET

Create a short routine you can repeat every week.

DAY / TIME: _____

FIRST ZONE: _____

20-MINUTE TASK: _____

☐ Trash bag ready ☐ Timer set

☐ Donation box ready

THE 20-MINUTE VISIBLE WIN

Do not organize the whole house. Finish one visible area.

5 MIN
TRASH

5 MIN
RELOCATE

5 MIN
DECIDE

5 MIN
FINISH A SURFACE

ZONE I WILL RESET TODAY: _____

WHO CAN HELP?

Professional organizer, storage facility, real estate professional, cleaning service, or estate sale service.

BRING THIS TOOL
TO THE CONVERSATION.

LESS MESS. MORE PEACE.

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General educational worksheet only. Adapt the steps to your household, abilities, and circumstances.