

SPIRITUAL & EXISTENTIAL

STORIES THAT MATTER

THE THREE-QUESTION STORY CAPTURE

THE PROBLEM

Family history and hard-earned wisdom can disappear when nobody asks the questions, records the answers, and preserves the story.

1 CHOOSE THE STORY

Start with one person, one defining moment, and one reason it matters now.

PERSON: _____

MOMENT / STORY: _____

WHY IT MATTERS: _____

WHO NEEDS TO HEAR IT: _____

2 ASK BETTER QUESTIONS

Ask for meaning, not just dates and facts. Then leave room for the answer.

1 What happened, and what do you remember most?

2 How did that experience change you?

3 What do you want us to remember?

FOLLOW-UP QUESTION: _____

3 MAKE A KEEPSAKE

Choose a format the family or community can actually keep and share.

☐ Video

☐ Audio

☐ Book / document

☐ Photo archive

☐ Library / museum copy

FORMAT AND LOCATION: _____

THE 20-MINUTE STORY CAPTURE

Ask permission, record one conversation, and save a clearly labeled copy.

ASK
PERMISSION

RECORD
20 MINUTES

LABEL AND
SAVE

PERSON I WILL ASK THIS WEEK: _____

WHO CAN HELP?

Church, genealogy service, historian, library, funeral home, media sponsor, or museum.

BRING THIS TOOL
TO THE CONVERSATION.

ASK NOW. LISTEN CLOSELY. PRESERVE WHAT MATTERS.

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Ask permission before recording or sharing. Confirm names and facts, respect privacy, and preserve an original backup.