

SPIRITUAL & EXISTENTIAL

THE BIGGER PICTURE

THE PERSPECTIVE PRACTICE

THE PROBLEM

Daily noise can make every concern feel equally urgent until history, philosophy, faith, and human experience widen the view.

1 GROUND THE QUESTION

Connect the big question to a real story, moment, or decision.

THE BIG QUESTION: _____

WHAT TRIGGERED IT: _____

LOCAL / HISTORICAL STORY: _____

WHAT I KNOW FOR SURE: _____

2 WIDEN THE VIEW

Seek thoughtful context from more than one lens without demanding certainty.

☐ History

☐ Philosophy

☐ Faith

☐ Culture / society

☐ Lived experience

VOICE I WANT TO HEAR: _____

3 BRING IT BACK TO LIFE

Perspective should change the question you ask or the action you take.

WHAT MATTERS MOST: _____

WHAT CAN WAIT: _____

WHAT IS MINE TO DO: _____

PRACTICAL LIFE QUESTION: _____

STEP BACK BEFORE STEPPING FORWARD

Use three distances to separate urgency from importance.

WHAT FEELS
URGENT?

WHAT MATTERS
IN A YEAR?

WHAT IS MINE
TO DO TODAY?

QUESTION I WANT MORE PERSPECTIVE ON: _____

WHO CAN HELP?

Museum, college, library, church, author, historical society, or educational nonprofit.

BRING THIS TOOL
TO THE CONVERSATION.

STEP BACK. LOOK WIDER. CHOOSE WHAT MATTERS.

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